

Course of code: BSNVAC005

Title of Course: Cognitive Procrssing Therapy.

Total hours: 30hrs

Course Objective:

1. To develop knowledge, skills, attitude and professional qualities of Cognitive procrssing Therapy in the students.
2. Required for Cognitive procrssing Therapy.
3. Understanding the interplay between patients and students cognitive procrssing Therapy, can help patients and students.
4. Use techniques to develop a therapeutic alliance on CPT
5. Analyze the impact of cognitive procrssing therapy in family, society and profession.

SYLLABUS

Unit I

Introduction to Cognitive procrssing Therapy, Definition and nature of Cognitive procrssing Therapy. [5HRS]

Unit II

Types of Cognitive procrssing therapy, techniques and applications of CPT. Different categorization and understand the significance of in nursing. [7 HRS]

Unit III

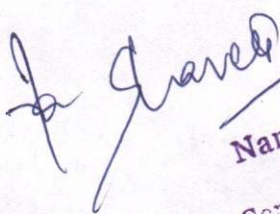
Factors influencing effective delivery of CPT. Explore the role of needs of students to develop Cognitive procrssing Therapy in family and society. [5HRS]

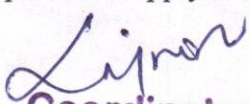
Unit IV

Concepts of Cognitive procrssing Therapy, Skills Development of accountability, appreciation and helping in nursing filled. [4HRS]

Unit V

Explain the core values of Cognitive procrssing Therapy in workplace and apply in clinical settings. [6HRS]


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Unit VI

Domine of Cognitive procrssing Therapy, application of Universal declaration ofpatients values of person at organization and institutions. [3HRS]

Text & References:

- ✓ Text book of cognitive processing therapy in PTSD by Patricia A. Resick, Candice M. Monson.
- ✓ Text book of cognitive processing therapy in PTSD by Patricia A. Resick, shannon wiltsey stirman.
- ✓ Text book of DBT Skills Training Manual by Marsha M. Linehan.

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For Share
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