4. VACA-04: Mushroom cultivation and post-harvest management

Total Hours: 30 Course Objectives:

- 1. To cnable the trainees to identify edible and poisonous mushrooms.
- 2. To provide hands-on training to prepare beds for mushroom cultivation, pest and disease control, and harvesting and post-harvesting management.
- 3. To provide awareness about the market trend of mushrooms.
- 4. To give exposure to the experiences of experts in the field and to functioning in the mushroom farm.
- 5. To learn a means of self-employment and income generation.

Course outcomes:

- 1. To acquaint with the nutrient value of mushrooms.
- 2. To understand the morphology and types of mushrooms.
- 3. To develop the skill of spawn production technology.
- 4. To be aware of the identification of edible and poisonous mushrooms.
- 5. To learn the prospects and scope of mushroom cultivation in small-scale industry.

SYLLABUS

Unit I

Introduction – History of mushroom cultivation; Classification and distribution of mushroom; life cycle of mushroom. Identification of poisonous mushrooms.

Unit II

Spawn preparation - Isolation of pure culture; Nutrient media for pure culture; layout of spawn preparation room; raw material of spawn; sterilization; preparation of mother spawn and multiplication

Unit III

Cultivation of mushrooms, the layout of the mushroom shed - small-scale and large-scale production unit. Types of raw material - preparation and sterilization; Mushroom bed preparation - maintenance of mushroom shed; harvesting method and preservation of mushrooms.

Unit IV

Nutrient values of mushroom – protein, carbohydrate, fat, fiber, vitamins, and amino acids contents; short and long-term storage of mushroom; preparation of various dishes from mushroom. Medicinal value of mushroom – cultivation, extraction, isolation, and identification of active principle from mushroom. Pharmacological and economic values of mushrooms.

Unit V

Cultivation of the following types of mushrooms – milky mushroom; oyster mushroom, button mushroom, and any medically valuable mushroom.

Reference Books:

- 1. Paul Stamets, J.S. and Chilton, J.S. 2004. Mushroom cultivation A practical guide to growing mushrooms at home, Agarikon Press.
- 2. Nita Bahl. 1988. Handbook of Mushrooms, 2nd Edition, Vol I & II.
- 3. Shu Fing Chang, Philip G. Miles and Chang, S.T. 2004. Mushroom cultivation, nutritional value, medicinal effect, and environmental impact. 2nd ed., CRC press.

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